

Annex
to the
Guideline for meeting the health requirements for persons in foodhandling

Company

.....
.....
.....
(company name) (address)

The instructed person,

.....
(name, date of birth)

1. Report to your superior

You must notify the employer or his/her authorised representative immediately if:

1. a you notice that you have or have had the following signs of illness:
- diarrhoea (possibly with nausea, vomiting, fever or stomach cramps - suspected bacterial or viral food poisoning);
 - vomiting and/or diarrhoea (indication of noroviruses - gastroenteritis);
 - high fever with strong stomach pain or joint pain, with “pea porridge-like” diarrhoea occurring after several days of constipation (suspected typhoid or paratyphoid);
 - “rice water-like” diarrhoea (slightly cloudy, almost colourless liquid with small mucus flakes) with high loss of fluid (suspected cholera); • yellowing of the eyes and/or the skin with weakness and loss of appetite (suspected hepatitis A or E);
 - infected wounds or open areas in cases of skin diseases (reddened, oily, weeping or swollen);
1. b there is a medical diagnosis or a laboratory result regarding the excretion of the following pathogens, even if disease symptoms are absent:
- Campylobacter
 - Enteroviruses
 - Pathogens of amoebiasis
 - *Escherichia coli*, toxin-producing
 - Hepatitis A or E viruses
 - *Listeria monocytogenes*
 - Noroviruses
 - Rotaviruses
 - Salmonella
 - Shigella
 - *Staphylococcus aureus*, toxin-producing

- *Vibrio cholerae or parahaemolyticus*
- *Yersinia*, pathogenic

Please note: Even after the disease symptoms subside, certain pathogens can still be excreted.

The report is necessary as the abovementioned pathogens can be transmitted to food and can subsequently cause illnesses in consumers.

2. Declaration by the instructed person

I declare that, in the event of illness with symptoms as described in item 1a or in the event of a medical diagnosis pursuant to item 1b, I will inform my superior, my employer of this immediately.

.....
Date

.....
Signature

The employee shall receive a copy of this instruction including the Guidelines for meeting the health requirements for persons in foodhandling.